

FREE DOWNLOAD

The Weekend Getaway Packing List

for people with busy schedules

by Lindsay Shimono · travellinds.com

You work hard all week. The last thing you want is to spend your Friday night panicking about what you forgot to pack.

Built for people with busy schedules who still want to make the most of every trip. No overpacking, no last-minute scrambling — just a quick checklist so you can focus on actually enjoying your weekend.

■ THE NIGHT BEFORE

Do these Thursday night so Friday morning is stress-free.

- | | |
|---|---|
| ☐ Check your hotel/Airbnb confirmation | ☐ Pack any prescriptions / vitamins |
| ☐ Download offline maps (Google Maps) | ☐ Put gas in the car (or book rideshare) |
| ☐ Charge all devices overnight | ☐ Set two alarms for the morning |
| ☐ Check weather at your destination | ☐ Confirm reservation times + addresses |
| ☐ Move money to checking for trip | ☐ Pack your bag tonight, not tomorrow |

TIP

Charge your portable battery pack overnight — it's easy to forget until you need it most.

■ CLOTHES

The 2-night rule: 2 outfits + 1 backup top. That's it. Don't overpack clothes.

- | | |
|---|---|
| ☐ Outfit 1 (full day 1) | ☐ Swimsuit (always — just in case) |
| ☐ Outfit 2 (travel home day) | ☐ Light jacket or layer |
| ☐ Backup top | ☐ Comfortable walking shoes |
| ☐ Pajamas / sleep outfit | ☐ Sandals or flip flops |
| ☐ Underwear x3 | ☐ Sun hat or cap |
| ☐ Socks x3 | ☐ Workout clothes (if you'll use them) |

TIP

Roll, don't fold. It saves space and keeps things less wrinkled.

■ TOILETRIES

- | | |
|--|--|
| ☐ Toothbrush + toothpaste | ☐ Makeup / skincare essentials only |
| ☐ Deodorant | ☐ Hair ties / bobby pins |
| ☐ Shampoo + conditioner | ☐ Dry shampoo |
| ☐ Face wash + moisturizer | ☐ Any medications |
| ☐ Sunscreen (reef-safe if near ocean) | ☐ Contact lenses + solution |
| ☐ Razor | ☐ Feminine hygiene products |

TIP

Transfer products into small reusable travel bottles — TSA-friendly and way lighter than bringing full sizes.

■ TECH + CARRY-ON MUST-HAVES

- ☐ Phone + charger
- ☐ Portable battery pack
- ☐ Earbuds / headphones
- ☐ Laptop (if needed)
- ☐ Laptop charger
- ☐ Camera + memory card
- ☐ Car charger / travel adapter
- ☐ Reusable water bottle
- ☐ Snacks for the road or flight
- ☐ Book / kindle / downloaded shows
- ☐ Sunglasses
- ☐ Neck pillow (long drives or flights)

TIP

A packable tote bag takes up zero space and saves you when you overshop or hit the beach.

■ DOCUMENTS + WALLET

- ☐ ID / passport
- ☐ Credit card + debit card
- ☐ Hotel confirmation (screenshot it)
- ☐ Flight / transport confirmation
- ☐ Travel insurance info
- ☐ Emergency cash
- ☐ Rewards cards / AAA card
- ☐ Vaccination records (international)
- ☐ Pet info if traveling with pets
- ☐ Car rental confirmation

■ FRIDAY: LEAVE THE HOUSE

The final check before you walk out the door.

- ☐ Lock all windows + doors
- ☐ Turn off lights / AC / appliances
- ☐ Take out trash
- ☐ Water plants
- ☐ Grab your bag(s)
- ☐ Grab your keys + wallet + phone
- ☐ Confirm pet / house sitter
- ☐ Check flight status if flying
- ☐ Grab snacks for the road
- ☐ Take a breath — you made it